

Information for Clinical Fellows New to Canada

Should you be successful in obtaining a Clinical Fellowship at the University of Ottawa, we have put together some information and web links to assist you during your first few weeks in Canada:

1. We strongly suggest you plan to arrive in Canada by early June, the month prior to the start of your fellowship. This will allow time to:
 - travel to Toronto to complete paperwork for your Fellowship, if necessary
 - complete an Observership in our ICU's prior to your start date to assist with your familiarization of our system.
 - provide ample time to find appropriate housing. The Ottawa Hospital has an Intern's Residence located at the Civic Campus which rents apartments by the day, week, month or year. It tends to be expensive but it is a great short term solution. The link to their website is provided below:
<http://www.ottawahospital.on.ca/patient/services/accommodations-e.asp>
 - also provided is a link to rental homes in Ottawa:
<http://rentersnews.ca>
 - to familiarize yourself with Ottawa, some useful sites are provided below:
www.ottawa.on.ca
www.ottawakiosk.com/newcomers.html
www.octranspo.com
 - register children for school
www.ocdsb.edu.on.ca
2. Let us know if you'd like to be met at the airport upon your arrival. We'd be happy to make these arrangements. We can also show you around the three main ICU sites prior to your start date.
3. Most furniture stores sell their furniture unassembled. It is usually not difficult to put together, as the instructions are pretty clear, however you may need to buy a few tools. We suggest a hammer, a cordless screwdriver set and a pair of pliers. You may choose to hire someone to assemble the furniture for you. Below, please find a link to various Ottawa Handyman services:
<http://www.homefocus.com/ontario/ottawa/handyman-services>
4. Here are a couple of links to websites, when you're ready to sell your furniture prior to moving back to your country. The Ottawa Hospital also provides an electronic bulletin board that you will be able to access when you start:
<http://ottawa.kijiji.ca>
<http://ottawa.en.craigslist.ca/>